

**Patient Contact Information:**

**Last Name:** \_\_\_\_\_ **First:** \_\_\_\_\_ **Initial:** \_\_\_\_\_ **Home Phone:** \_\_\_\_\_  
**Nick Name:** \_\_\_\_\_ **Cell Phone:** \_\_\_\_\_  
**Address:** \_\_\_\_\_ **Work Phone:** \_\_\_\_\_ **Ext:** \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ **Email:** \_\_\_\_\_  
**Birth Date:** \_\_\_\_\_ **Gender:** (Male Female) **Marital Status:** (S M W D Partnered)  
**Occupation:** \_\_\_\_\_ **Employer:** \_\_\_\_\_  
**Whom may we thank for referring you?** (Insurance Phone Book Web Search Drive By Other: \_\_\_\_\_)

**Partner/Parent/Guardian/Emergency Contact:**

**Name:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_  
**Address:** \_\_\_\_\_ **Cell Phone:** \_\_\_\_\_  
**Birthdate:** \_\_\_\_\_ **Home Phone:** \_\_\_\_\_  
**Work Phone:** \_\_\_\_\_

**Patient Symptoms:**

Is your condition due to an accident that that resulted from an automobile or work related injury? (No Yes)

Please explain the primary reason for your appointment, specific areas of pain, discomfort and all recent injuries: \_\_\_\_\_

When did your symptoms first appear \_\_\_\_\_

What caused your condition? \_\_\_\_\_

Over the past: (Days \_\_\_\_\_ Weeks \_\_\_\_\_ Months \_\_\_\_\_ Years \_\_\_\_\_)

My condition has been getting: Gradually Worse Rapidly Worse Staying About the Same Getting Better

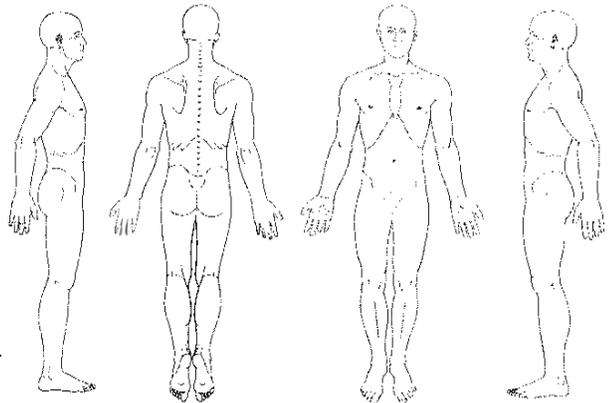
Activities or movements painful to perform: Sitting Standing Walking Bending Lying Down Other: \_\_\_\_\_

Interferes with your: Work Sleep Daily Routine Recreation

I would describe my pain as: (circle as many as apply)

CONSTANT	FREQUENT	INTERMITTENT	OCCASIONAL
VERY SEVERE	SEVERE	MODERATE	DULL
STABBING	SHARP	ACHING	MILD
BURNING	TINGLING	THROBBING	NUMBNESS
SHOOTING	STIFFNESS	SWELLING	OTHER: _____

**PLEASE INDICATE AREAS OF DISCOMFORT**



What is your pain on a scale from 1(least) to 10 (severe) \_\_\_\_\_

How often do you have this pain? \_\_\_\_\_

Is it constant or does it come and go? \_\_\_\_\_

I have tried the following solutions for this problem: \_\_\_\_\_

New to Chiropractic: (No Yes) Previous Chiropractic Care: (No Yes)

Dr: \_\_\_\_\_ When? \_\_\_\_\_

For treatment of: \_\_\_\_\_

Was there a specific treatment that was successful? \_\_\_\_\_

Present Family Doctor: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Other Doctors consulted for these health problems:

Dr. Name: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

How long did you see the Doctor? \_\_\_\_\_

Results: \_\_\_\_\_

When: \_\_\_\_\_

Treatment: \_\_\_\_\_

How frequently? \_\_\_\_\_



Exercise/or Work Level:	Exercise:	Lifestyle:	Family:
<input type="checkbox"/> None <input type="checkbox"/> Daily <input type="checkbox"/> Moderate <input type="checkbox"/> Heavy <input type="checkbox"/> Other: _____	<input type="checkbox"/> Sitting <input type="checkbox"/> Standing <input type="checkbox"/> Light lifting to 20# <input type="checkbox"/> Heavy lifting +20# <input type="checkbox"/> Swimming <input type="checkbox"/> Biking <input type="checkbox"/> Jog/Run <input type="checkbox"/> Yoga	<input type="checkbox"/> Smoking (Pack/Day: _____) <input type="checkbox"/> Coffee/Caffeine (Cups/Day: _____) <input type="checkbox"/> Alcohol intake (Drinks/Week: _____) <input type="checkbox"/> High Stress (Reason: _____) <input type="checkbox"/> Other: _____	# Infant(s) under 2: _____ # Children: _____ # Care giver for: _____

Current Medication:	Adverse Side Effects or Allergies:
_____	_____

Injuries/Surgery:	Date/Year:	Description:
Falls/Accidents: <input type="checkbox"/> No <input type="checkbox"/> Yes	_____	_____
Head Injuries: <input type="checkbox"/> No <input type="checkbox"/> Yes	_____	_____
Broken Bones/Dislocations: <input type="checkbox"/> No <input type="checkbox"/> Yes	_____	_____
Previous Hospitalizations: <input type="checkbox"/> No <input type="checkbox"/> Yes	_____	_____
Surgeries: <input type="checkbox"/> Head <input type="checkbox"/> Neck/Throat <input type="checkbox"/> Back <input type="checkbox"/> Abdominal <input type="checkbox"/> Chest / Heart / Lungs <input type="checkbox"/> Other: _____	_____	_____

**Financial Responsibility and Insurance Information: \*Please give your insurance card and photo ID to the front desk to copy\***

Who is responsible payment (the primary card holder)? Self Other: \_\_\_\_\_ DOB: \_\_\_\_\_  
 Relationship to patient): \_\_\_\_\_

**Financial Policy:**

Full payment is expected at the time of service. Payments accepted are cash, check or credit card.

IF you have insurance, we will make a copy of your card and collect any co-pay or co-insurance that is due. As a courtesy, our office will contact your insurance company to obtain a benefit quote. If there is a balance after your insurance processes the claim, we will forward you a statement. Insurance coverage varies greatly, if you have questions, feel free to contact our office and we will do our best to assist you. Ultimately, you are responsible for any care that your insurance does not cover.

Pine Lake Chiropractic Clinic also accepts Personal Injury Protection claims resulting from motor vehicle accidents and Workers Compensation claims to treat injured workers. Prior approval must be obtained with these cases before care can commence. You will also be required to complete an "Accident Form" in addition to the regular "Intake Forms"

Pine Lake Chiropractic is also a provider for Medicare. You will be required to read and sign the separate Medicare policy documentation.

**Signature of Fact, Receipt of Notice Privacy Policies, Acknowledgement of Insurance Assignment and Release:**

To the best of my knowledge and ability, I have provided true and complete information. I understand that I am financially responsible for all charges whether or not paid by insurance. By signing below I authorize the doctor, his designated staff and/or insurance company to release any information required for processing insurance claims. I assign any and all appropriate insurance benefits be paid directly to Dr. Bahm/Pine Lake Chiropractic Clinic, P.S. for services rendered.

I have received and reviewed, or had the opportunity to review, and understand and agree to the HIPPA Notice of Privacy Practices of Pine Lake Chiropractic Clinic, P.S., which describes the Practice's policies and procedure regarding the use and disclosure of any of my Protected Health Information created, received or maintained by the Practice.

X \_\_\_\_\_  
**Signature of Patient**

\_\_\_\_\_ **Date**

\_\_\_\_\_ **Printed Name**

**Consent For Treatment Of Minors Or Dependents:**

By my signature below, I hereby authorized Pine Lake Chiropractic Clinic, P.S. and their designated staff to administer care to my child or dependent as they deem necessary.

X \_\_\_\_\_  
**Signature of Parent or Guardian**

\_\_\_\_\_ **Date** \_\_\_\_\_ **Relationship to Patient**



# Health History

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

**PLEASE CIRCLE ALL THAT APPLY**

**General:**

- Mumps / Measles / Chicken Pox
- Mononucleosis
- Psychiatric Care
- STD / Herpes / HIV (AIDS)
- Rheumatic Fever / Scarlet Fever
- Typhoid Fever
- Prosthesis
- Osteoporosis
- Chronic Fatigue / Fibromyalgia
- Balance Problems
- Bruise or Bleed Easily
- Arthritis / Bursitis
- Headaches
- Migraine / Cluster / Tension/Stress
- Pinched Nerve
- Disc problems
- Edema / Where: \_\_\_\_\_
- Poor Sleep / Insomnia
- Hepatitis

**Head / Face:**

- Restricted Movement
- Facial / Jaw Pain / TMJ
- Eye or Sinus Pain
- Facial Muscle Spasms

**Neck:**

- Restricted Movement
- Neck Muscle Spasms
- Sore / Aching "Top Shoulder"

**Upper Back:**

- Restricted Movement
- Painful / Stiff joints
- Pain Below Shoulder Blades
- Pain Around Collar Bone

**Chest / Mid Back:**

- Restricted Movement
- Arms / Shoulders / Hands
- Rib Cage Pain
- Hiatus Hernia

**Lower Back:**

- Restricted Movement
- Lumbago
- Painful Tail Bone
- Buttock Pain / Hip Pain
- Sciatica

**Leg Pain**

- Restricted Movement
- Pain Thigh / Calf / Foot / Toes
- Leg Cramps
- Sore / Weak Muscles

**Skin:**

- Skin Disorders
- Change in Hair or Skin
- Acne / Pimples / Boils
- Hives or Allergies
- Itching / Dryness
- Shingles

**Eye, Ear, Nose & Throat:**

- Vision Problems
- Glaucoma
- Eye Inflammation / Eye Strain
- Light Sensitivity
- Zigzag Flashes
- Visual Disturbances
- Hearing Loss / Tinnitus
- Ear Discharge / Chronic Earaches
- Chronic Ear Problems
- Sinus Drainage
- Sinusitis / Chronic Infection
- Nose Bleeds / Chronic
- Sore Mouth / Gums
- Difficulty Chewing or Swallowing
- Dental Issues / TMJ / Sore Jaw Area
- Hoarseness
- Thyroid Problems
- Tonsillitis / Removed: \_\_\_\_\_

**Respiratory:**

- Difficulty Breathing
- Allergies
- Asthma / Wheezing
- Chronic Cough / Chronic Chest Colds
- Bronchitis / Chronic Bronchitis
- Coughing / Phlegm / Blood
- Pneumonia / Chronic Pneumonia
- Tuberculosis / Whooping Cough
- Emphysema

**Nervous system:**

- Paralysis
- Convulsions
- Confusion
- Parkinson's Disease
- Multiple Sclerosis
- Depression
- Irritability
- Nervousness / Anxiety
- Fainting / Dizziness
- Personality Changes
- Suicide Attempt(s)
- Insomnia
- Forgetfulness
- Tension
- Tremors / Tingling
- Hot / Cold spots

**Cancer:**

- Please Explain: \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- Treatment: \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**Cardio-Vascular:**

- High/Low Blood Pressure
- Anemia
- Stroke
- Heart Attack
- Rapid /Slow / Irregular Heart Beat
- Pacemaker
- Pain Over Heart
- Hardening of Arteries
- Bleeding Disorders
- Poor Circulation
- High Cholesterol
- Blood Clots

**Gastro-Intestinal:**

- Pain
- Stomach Disorder
- Food Allergies
- Diabetes
- Excessive Thirst / Hunger
- Ulcers / Gastritis / Heartburn
- Poor Appetite
- Distention of Abdomen
- Belching
- Nausea / Vomiting / Vomiting Blood
- Chronic Nausea
- Liver Trouble
- Jaundice
- Bulimia / Anorexia
- Obesity
- Diverticulosis / Colitis
- Diarrhea / Constipation
- Stool Black / Bloody

**Genital/Urinary:**

- Pain
- Bladder Trouble
- Bed Wetting
- Infections/Chronic Infection
- Hemorrhoids
- Kidney Disease/Infections
- Kidney Stones
- Urine Disorder
- Excessive/Scanty/Painful
- Discolored/Blood/Pus
- Yeast Infection
- Prostate Problems
- Impotency
- Prostatitis

**Female Specific:**

- Are you Pregnant? No Maybe Yes
- Due Date: \_\_\_\_\_
- Complications: \_\_\_\_\_
- Number of Pregnancies: \_\_\_\_\_
- Taking Birth Control Pills: No Yes
- Breast Health Issues:
  - Lumps / Congestion
  - Tumors / Implants
- Menopause: No Yes
- Hormone Replacement Therapy (HRT)
- Hot Flashes
- Other: \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_





# HIPPA Notice of Privacy Practices

The Health Insurance Portability and Accountability Act of 1996 (HIPAA), commonly known as "HIPAA" is a Federal program that requires all medical records and other individually identifiable health information used or disclosed by us, in any form, whether electronically, on paper or orally, is kept properly confidential. The act gives you, the patient, significant rights and control over your health information. This notice describes certain obligations we have regarding ways in which we may use and disclose health information about you, it also outlines your rights to the health information we keep about you.

We understand that information about you and your health is personal and are committed to your privacy. We create a record of the care and services you receive. We need this record to provide you with quality care and to comply with certain legal requirements. This Notice applies to all of the records of your care generated by this office, whether made by your personal doctor, others working in the office, or associates processing billing and your insurance claims.

**We are required by law to:**

- Make sure that health information that identifies you is kept private.
- Give you this Notice of our legal duties and privacy practices with respect to health information about you.
- Follow the terms of the Notice that is currently in effect.

**A partial list of how we may use and disclose health information about you:**

- For Treatment, payment, health care and business operations of this office.
- As required by Law, Law enforcement, lawsuits and disputes; protect public safety or assist apprehending criminals.
- Military or Veteran's and Workers Compensation.
- Public Health Risks; Coroners, health examiners and funeral directors.
- To government authorities to prevent child abuse or domestic violence; to avert a serious threat to health and safety
- National security and intelligence activities.
- Security Officials for Inmates:
- To government agencies for audits, investigations and other oversight activities.
- For certain limited research purposes.
- The practice maintains patient sign-in sheets that are visible and accessible to patients, staff and others who may enter this office.

**As our patient, your rights regarding Health Information about you:**

- Right to Inspect and copy.
- Right to Amend.
- Right to Request Restrictions.
- Right to Request Confidential Communication.
- Right to Accounting Disclosures.
- Right to a Paper copy of this Notice (full Notice is available upon request)

**Changes to this Notice:** We reserve the right to change this Notice. We will post a copy of a current notice in our facility with the current effective date on the first page.

**Complaints:** If you believe that your privacy rights have been violated, you may file a complaint with us. All complaints must be in writing. Please contact the administrator at the location where you were treated to file a complaint.

**Acknowledgement of Receipt of Notice of Privacy Practices:**

I acknowledge that I was provided a copy of the Notice of Privacy Practices and have read (or had the opportunity to read if I chose) and understood the Notice. This notice is considered effective dates signed, and shall remain effective for a minimum of 6 years, unless otherwise revoked, in writing, by patient.

Unless you request otherwise, we may use or disclose health information to a family member or other personal representative to the extent necessary to help you with your healthcare or payment for your health care. In addition, we may use your confidential information to remind you of appointments, phone, email, postal service or other method requested by you.

**Additional Disclosure Authority:** In addition to the allowable disclosures described in the State of Privacy Practices, I hereby specifically authorize disclosure of my protected health care information to persons indicated as follows:

- Any member of my immediate family     Spouse ONLY
- Other(s) as specified: \_\_\_\_\_

X  
\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Relationship to Patient**

\_\_\_\_\_  
**Printed Name**

\_\_\_\_\_  
**Date**