

Health History

Patient Name: _____

Date: _____

PLEASE CIRCLE ALL THAT APPLY

General:

- Mumps / Measles / Chicken Pox
- Mononucleosis
- Psychiatric Care
- STD / Herpes / HIV (AIDS)
- Rheumatic Fever / Scarlet Fever
- Typhoid Fever
- Prosthesis
- Osteoporosis
- Chronic Fatigue / Fibromyalgia
- Balance Problems
- Bruise or Bleed Easily
- Arthritis / Bursitis
- Headaches
- Migraine / Cluster / Tension/Stress
- Pinched Nerve
- Disc problems
- Adema / Where: _____
- Poor Sleep / Insomnia
- Hepatitis

Head / Face:

- Restricted Movement
- Facial / Jaw Pain / TMJ
- Eye or Sinus Pain
- Facial Muscle Spasms

Neck:

- Restricted Movement
- Neck Muscle Spasms
- Sore / Aching "Top Shoulder"

Upper Back:

- Restricted Movement
- Painful / Stiff joints
- Pain Below Shoulder Blades
- Pain Around Collar Bone

Chest / Mid Back:

- Restricted Movement
- Arms / Shoulders / Hands
- Rib Cage Pain
- Hiatus Hernia

Lower Back:

- Restricted Movement
- Lumbago
- Painful Tail Bone
- Buttock Pain / Hip Pain
- Sciatica

Leg Pain

- Restricted Movement
- Pain Thigh / Calf / Foot / Toes
- Leg Cramps
- Sore / Weak Muscles

Skin:

- Skin Disorders
- Change in Hair or Skin
- Acne / Pimples / Boils
- Hives or Allergies
- Itching / Dryness
- Shingles

Eye, Ear, Nose & Throat:

- Vision Problems
- Glaucoma
- Eye Inflammation / Eye Strain
- Light Sensitivity
- Zigzag Flashes
- Visual Disturbances
- Hearing Loss / Tinnitus
- Ear Discharge / Chronic Earaches
- Chronic Ear Problems
- Sinus Drainage
- Sinusitis / Chronic Infection
- Nose Bleeds / Chronic
- Sore Mouth / Gums
- Difficulty Chewing or Swallowing
- Dental Issues / TMJ / Sore Jaw Area
- Hoarseness
- Thyroid Problems
- Tonsillitis / Removed: _____

Respiratory:

- Difficulty Breathing
- Allergies
- Asthma / Wheezing
- Chronic Cough / Chronic Chest Colds
- Bronchitis / Chronic Bronchitis
- Coughing / Phlegm / Blood
- Pneumonia / Chronic Pneumonia
- Tuberculosis / Whooping Cough
- Emphysema

Nervous system:

- Paralysis
- Convulsions
- Confusion
- Parkinson's Disease
- Multiple Sclerosis
- Depression
- Irritability
- Nervousness / Anxiety
- Fainting / Dizziness
- Personality Changes
- Suicide Attempt(s)
- Insomnia
- Forgetfulness
- Tension
- Tremors / Tingling
- Hot / Cold spots

Cancer:

- Please Explain: _____
- _____
- _____
- Treatment: _____
- _____
- _____

Cardio-Vascular:

- High/Low Blood Pressure
- Anemia
- Stroke
- Heart Attack
- Rapid /Slow / Irregular Heart Beat
- Pacemaker
- Pain Over Heart
- Hardening of Arteries
- Bleeding Disorders
- Poor Circulation
- High Cholesterol
- Blood Clots

Gastro-Intestinal:

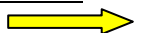
- Pain
- Stomach Disorder
- Food Allergies
- Diabetes
- Excessive Thirst / Hunger
- Ulcers / Gastritis / Heartburn
- Poor Appetite
- Distention of Abdomen
- Belching
- Nausea / Vomiting / Vomiting Blood
- Chronic Nausea
- Liver Trouble
- Jaundice
- Bulimia / Anorexia
- Obesity
- Diverticulosis / Colitis
- Diarrhea / Constipation
- Stool Black / Bloody

Genito/Urinary:

- Pain
- Bladder Trouble
- Bed Wetting
- Infections/Chronic Infection
- Hemorrhoids
- Kidney Disease/Infections
- Kidney Stones
- Urine Disorder
- Excessive/Scanty/Painful
- Discolored/Blood/Pus
- Yeast Infection
- Prostate Problems
- Impotency
- Prostatitis

Female Specific:

- Are you Pregnant? No Maybe Yes
- Due Date: _____
- Complications: _____
- Number of Pregnancies: _____
- Taking Birth Control Pills: No Yes
- Breast Health Issues:
 - Lumps / Congestion
 - Tumors / Implants
- Menopause: No Yes
- Hormone Replacement Therapy (HRT)
- Hot Flashes
- Other: _____
- _____
- _____





HIPPA Notice of Privacy Practices

The Health Insurance Portability and Accountability Act of 1996 (HIPAA), commonly known as "HIPAA" is a Federal program that requires all medical records and other individually identifiable health information used or disclosed by us, in any form, whether electronically, on paper or orally, is kept properly confidential. The act gives you, the patient, significant rights and control over your health information. This notice describes certain obligations we have regarding ways in which we may use and disclose health information about you, it also outlines your rights to the health information we keep about you.

We understand that information about you and your health is personal and are committed to your privacy. We create a record of the care and services you receive. We need this record to provide you with quality care and to comply with certain legal requirements. This Notice applies to all of the records of your care generated by this office, whether made by your personal doctor, others working in the office, or associates processing billing and your insurance claims.

We are required by law to:

- Make sure that health information that identifies you is kept private.
- Give you this Notice of our legal duties and privacy practices with respect to health information about you.
- Follow the terms of the Notice that is currently in effect.

A partial list of how we may use and disclose health information about you:

- For Treatment, payment, health care and business operations of this office.
- As required by Law, Law enforcement, lawsuits and disputes; protect public safety or assist apprehending criminals.
- Military or Veteran's and Workers Compensation.
- Public Health Risks; Coroners, health examiners and funeral directors.
- To government authorities to prevent child abuse or domestic violence; to avert a serious threat to health and safety
- National security and intelligence activities.
- Security Officials for Inmates:
- To government agencies for audits, investigations and other oversight activities.
- For certain limited research purposes.

As our patient, your rights regarding Health Information about you:

- Right to Inspect and copy.
- Right to Amend.
- Right to Request Restrictions.
- Right to Request Confidential Communication.
- Right to Accounting Disclosures.
- Right to a Paper copy of this Notice (full Notice is available upon request)

Changes to this Notice: We reserve the right to change this Notice. We will post a copy of a current notice in our facility with the current effective date on the first page.

Complaints: If you believe that your privacy rights have been violated, you may file a complaint with us. All complaints must be in writing. Please contact the administrator at the location where you were treated to file a complaint.

Acknowledgement of Receipt of Notice of Privacy Practices

I acknowledge that I was provided a copy of the Notice of Privacy Practices and have read (or had the opportunity to read if I chose) and understood the Notice. This notice is considered effective dates signed, and shall remain effective for a minimum of 6 years, unless otherwise revoked, in writing, by patient.

Unless you request otherwise, we may use or disclose health information to a family member or other personal representative to the extent necessary to help you with your healthcare or payment for your health care. In addition, we may use your confidential information to remind you of appointments, phone, email, postal service or other method requested by you.

Additional Disclosure Authority: In addition to the allowable disclosures described in the State of Privacy Practices, I hereby specifically authorize disclosure of my protected health care information to persons indicated as follows:

- Any member of my immediate family Spouse ONLY
- Other(s) as specified: _____

X

Signature

Relationship to Patient

Printed Name

Date